



# JUNE 2017

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><b>ITZ CYCLING @ FIT HAPPENS</b>  <b>39 ARTERIAL PLAZA GLOVERSVILLE</b>  <b>518-725-5433 OR VISIT <a href="http://go2fithappens.com">go2fithappens.com</a></b></p>				<p><sup>1</sup>  <b>Beg Spin@4:15</b></p>	<p><sup>2</sup>            Sue @ 5:30am            Gary @ 10:00am</p>	<p><sup>3</sup>            Sue @ 8:00am</p>
<p><sup>4</sup>            Crisan @ 8:00am</p>	<p><sup>5</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>6</sup>            Maria @ 10:00am  <b>Beg Spin@4:15</b>            Jeff @ 5:30pm</p>	<p><sup>7</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>8</sup>  <b>Beg Spin@4:15</b></p>	<p><sup>9</sup>            Fran @ 5:30            TBA @ 10:00am</p>	<p><sup>10</sup>            Crisan @ 8:00am</p>
<p><sup>11</sup>            Sue @ 8:00am</p>	<p><sup>12</sup>            Fran @ 5:30am            Crisan @ 4:30pm</p>	<p><sup>13</sup>            Maria @ 10:00am  <b>Beg Spin@4:15</b>            Jeff @ 5:30pm</p>	<p><sup>14</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>15</sup>  <b>Beg Spin@4:15</b></p>	<p><sup>16</sup>            Fran @ 5:30am            Maria @ 10:00am</p>	<p><sup>17</sup>            Crisan @ 8:00am</p>
<p><sup>18</sup>            Sue @ 8:00am</p>	<p><sup>19</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>20</sup>            Maria @ 10:00am  <b>Beg Spin@4:15</b>            Jeff @ 5:30pm</p>	<p><sup>21</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>22</sup>  <b>Beg Spin@4:15</b></p>	<p><sup>23</sup>            Fran @ 5:30am            Maria @ 10:00am</p>	<p><sup>24</sup>            Crisan @ 8:00am</p>
<p><sup>25</sup>            Sue @ 8:00am</p>	<p><sup>26</sup>            Fran @ 5:30am            Crisan @ 4:30pm</p>	<p><sup>27</sup>            Maria @ 10:00am  <b>Beg Spin@4:15</b>            Jeff @ 5:30pm</p>	<p><sup>28</sup>            Fran @ 5:30am            Crisan @ 4:15pm</p>	<p><sup>29</sup>  <b>Beg Spin@4:15</b></p>	<p><sup>30</sup>            Mandy @ 5:30am            Maria @ 10:00am</p>	

